



The
Great Stupa
of Universal Compassion

WHAT'S ON

MINDFULNESS MEDITATION **MONDAY 8:30AM-9AM**

Practice mindfulness meditation with Ian Green and learn how to incorporate it into your daily life.
Cost: gold coin donation.



MEET THE BUILDER **TUESDAY 12:30PM-1PM**

Get an exclusive and intimate look at the final 19 metres of The Great Stupa before it's lifted into position.
Cost: gold coin donation.

DISCOVERING JADE **WEDNESDAY 11:30AM-12PM**

Discover jade, its significance in Asian culture and touch the real jade halo of the Jade Buddha.
Cost: gold coin donation.



HEALING BODY AND MIND **THURSDAY 10:30AM-11:30AM**

Reduce stress and improve your overall well-being with guided meditation and art therapy.
Cost: \$5 per person.

ASCEND THE GREAT STUPA **FRIDAY 2PM-2:30PM**

Not normally offered to the public, come on an exclusive tour ascending The Great Stupa.
Cost: \$5 per person.



FIND OUT MORE:
STUPA.ORG.AU/WEEKLY-EVENTS